



2013 - 2014

THANK YOU!

Our seniors who have given a combined 31 years of outstanding effort—displayed discipline, courage, and a will to achieve and succeed. The coaches, your teammates, and the wrestling community all THANK YOU!



A SPECIAL THANK YOU!

To:

Our Fans, Parents, and the Community.

Your enthusiasm, and attendance at our home & away meets is what makes you the finest fans in all of New Jersey.

The team and the coaches would like to extend their thanks to the Board of Education, school administration, the Wrestling Rams Booster Club, and the Southern Regional Maintenance & Custodial Staff.

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11/12 House

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9/10 House

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SPECIAL THANKS TO:

Cathy Robillard, Secretary
Marylou Sprague, Secretary
Joe Caucino, Athletic Trainer
Melissa Ardoin, Industrial Arts Teacher
Bob Stohorer, Quality Tire & Muffler
Lisa Tomboro, Photography

SOUTHERN WRESTLING RAMS 2013-2014

9th Grade:

Ryan Adams, Adam Bakos, Josh Bento, Anthony Bockus, Sean Bowker, Mike Campanelli, Nick Capozzi, Dennis Carleen, Chris Citrarella, Mike Conforti, Evan Giberson, Ryan Hill, Ryan Jones, John Lacey, Justin Montanez, Don Perkins, Mike Richards, Nick Roman, Chris Scucci, Dylan Smith, Nick Suriano, Ryan Thorn, Crew Truex, Mitch Yospille.

10th Grade:

Gianni Bennet, Peyton Blauvelt, Teddy Caporino, Dylan Cardell, Chris Lawson, Marcus Mendez, Pat Mooney, Cael Mollenkopf, Mike Racanelli, Connor Scully, Joe Toci.

11th Grade:

Frank Amiano, Matt Boero, Chris Crane, Patrick Ferraro, James Knoeller, Matt Wilhelm, Tristian Workman.

12th Grade:

Jesse Bauta, Bryan Brown, Brian Bowker, Mason Fazekas, Nick Racanelli, Kody Brodwater, Gerado Jorge, Andrew Tonnesen, Zach Wilhelm.

Managers:

Alyssa Bailey, Carly DellaValle, Christina Dybas, Tanner Workman.

Head Coach:

John Stout

Assistant Coaches:

Brett Bakely, Mike Bivona, Mike Braun, Kelly Frischman, Dan Roy, Jerry Tabbacchino, Anthony Vincent.

HIGH HONOR ROLL

Anthony Bockus Christina Dybas Carly DellaValle



HONOR ROLL

Ryan Adams
Adam Bakos
Gianni Bennet
Michael Conforti
Chris Crane
Ryan Hill
Justin Montanez
Mike Racanelli

Nick Racanelli
Chris Scucci
Dylan Smith
Ryan Thorn
Matt Wilhelm
Zach Wilhelm
Tristian Workman

SEASON SUMMARY

Varsity Record
20 Wins 1 Loss
Dual Meet Record since 1990
357 Wins
98 Losses
4 Ties

RANKED 7TH IN NEW JERSEY



SEASON SUMMARY

Date	Opponent	Result
Jan 4	Franklin	Win 54-15
Jan 4	Trenton Central	Win 63-6
Jan 4	Bridgewater-Raritan	Win41-17
Jan 8	TR South	Win 54-13
Jan 11	Howell	Win 28-19
Jan 15	Lacey	Win 60-6
Jan 17	Brick Township	Win 39-13
Jan 18	Hunterdon Central	Win 38-24
Jan 18	Ocean Township	Win 41-16
Jan 18	Bishop Ahr	Win 61-9
Jan 23	Brick Memorial	Win 25-22
Jan 27	Jackson Memorial	Win 34-15
Feb 1	Williamstown	Win 49-15
Feb 1	Highland	Win 60-6
Feb 1	Buena	Win 59-6
Feb 4	TR North	Win 41-9
Feb 5	TR East	Win 69-3

	Team Post Season	
Feb 12	SJG4Semis: vs. Millville	Win 45-10
Feb 14	SJG2 Finals vs. Cherry Hill West	Win 51-9
Feb 16	Group 4 Semi: vs. Howell	Win 34-24
Feb 16	Group 4 Final: vs. Phillipsburg	Loss 32-21

2/22	District 24	1st Place
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INDIVIDUAL HIGHLIGHT8

30+ WIIIS

Jesse Bauta 30-9 Gerardo Jorge 31-10 Nick Racanelli 31-4 James Knoeller 30-6 Zach Wilhelm 31-6

20+ WINS

Bryan Brown 24-9
Andrew Tonnesen 29-6
Matt Wilhelm 29-5







DISTRICT PLACE	WIN	NERS
James Knoeller	2nd	113
Andrew Tonnesen	2nd	126
Peyton Blauvelt	2nd	160
Gerardo Jorge	2nd	170
Pat Ferraro	2nd	195

CHAMPIONS	
Chris Crane	120
Bryan Brown	132
Matt Wilhelm	138
Zach Wilhelm	145
Nick Racanelli	152
Jesse Bauta	220

DISTRICT



Region Place Winners		
Bryan Brown	3rd	132
Gerardo Jorge	3rd	170
Jesse Bauta	2nd	220

REGION CHAMPIONS		
Matt Wilhelm	138	
Zach Wilhelm	145	
Nick Racanelli	152	

SUB-YARSITY AWARDS

Anton Weck Award
Connor Skully

Outstanding Freshman Nick Suriano

Sub-Varsity Most Improved

Wrestler

Trisitian Workman

Sub-Varsity Coaches Award Ryan Thorn

YARSITY AWARDS

Most Improved



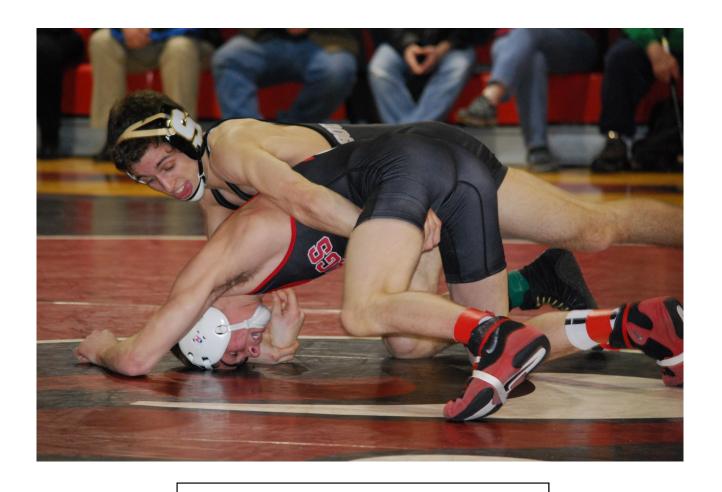
Bryan Brown
24-9
District Champion
Region 3rd

Matt Wilhelm 29-5 District Champion Region Champion



VARSITY AWARDS

Coaches Award



Andrew Tonnesen

YARSITY AWARDS

Outstanding Performance



Jesse Bauta
30-9
District Champion
Region 3rd

Gerardo Jorge
31-10
District 2nd
Region 3rd
NJSIAA 8th Place





Nick Racanelli
31-4
District Champion
Region Champion
NJSIAA 8th Place

INDIVIDUAL AWARDS PAUL SAUNDERS MEMORIAL AWARD

Zach Wilhelm

31-6
Governor Mifflin Runner-Up
District 24 Champion
Regional Champion
NJSIAA 5th Place

